

B-COMPLEX LIQUID

COMPREHENSIVE B VITAMIN LIQUID

Description

B-Complex Liquid offers a comprehensive blend of B vitamins in a convenient liquid delivery form. Featuring a great-tasting liquid free of artificial colors, flavors and sweeteners. Vitamins B₁, B₃, and B₆ contribute to normal energy-yielding metabolism and functioning of the nervous system. vitamin B₅ and B₁₂ contribute to the reduction of tiredness and fatigue.

Product Features

- ✓ Features a comprehensive blend of B vitamins
- ✓ Provided in a convenient liquid delivery form
- ✓ Free of artificial colors, flavors and sweeteners
- ✓ Vitamins B₁, B₂, B₃, B₅ and B₆ contribute to normal energy-yielding metabolism
- ✓ Vitamins B₁, B₃, and B₆ contribute to normal functioning of the nervous system
- ✓ Vitamin B₅ and B₁₂ contribute to the reduction of tiredness and fatigue

Free From

All Pure Encapsulations® products are free-from: Wheat and gluten, Egg, Peanuts, Trans fats and hydrogenated oils, GMOs, Magnesium stearate, Titanium dioxide, Carrageenan, Coatings and shellacs, Artificial colors, flavors and sweeteners, Unnecessary binders, fillers and preservatives.



Vegetarian



Vegan



Gluten Free



Soy Free



Dairy Free



Nutritional Information

Serving size 1 teaspoon (5 ml)

	Amount per Serving	% NRV*
Vitamin B ₁ (as thiamin HCl)	3.5 mg	318%
Vitamin B ₂ (as riboflavin 5'-phosphate [activated B ₂])	3 mg	214%
Vitamin B ₃ (as niacinamide [no-flush niacin])	10 mg	62%
Vitamin B ₅ (pantothenic acid, as calcium pantothenate)	10 mg	166%
Vitamin B ₆ (as pyridoxine HCl)	4 mg	286%
Vitamin B ₁₂ (as methylcobalamin)	500 ug	20000%

*Nutrient Reference Value

Directions For Use

As a food supplement, take 1 teaspoon (5 ml) daily, with a meal, or as directed by your healthcare professional.

Ingredients

Pending MMR

Product Code	Size	Serving Size	Servings per container
BCL1UK	16 ml	1 teaspoon (5 ml)	28

Precautions

If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use. Use only if safety seal is intact. Food supplements should not be used as a substitute for a varied diet. Do not exceed the stated daily dosage. Keep out of the reach of young children.